

# Welcome to UMR

Take a few minutes to learn more about your plan



At UMR, our job is to support you and your employer as you engage in the health plan available to you and your dependents. We're here to guide you in your health care experience and help you live a healthier life.

Enclosed is your new membership card. Try to carry it with you wherever you go and present it at your next health care visit or trip to the pharmacy.

Your card tells you your member ID number, along with your toll-free customer service number and important information your health care providers need to file claims for services you receive.

It will ensure you get discounted rates when you receive services from in-network doctors, clinics and hospitals.

If you have any questions along the way, simply call the member services number on the back of your card. You'll be connected to a team of individuals assigned to answer your questions about eligible services or how your claim was paid.

**Use your card to create an account on [umr.com](http://umr.com). Log in anytime. We're open 24/7 to:**

- Look up in-network providers
- Review your financial activity
- View your benefits and claims information
- Find other tools for improving your health
- Access commonly used forms

After you set up your account online, you can also visit **[umr.com](http://umr.com)** on the go with your smart phone or mobile device. To access our mobile Web site, simply visit **[umr.com](http://umr.com)** on your mobile device and you'll be automatically directed to our mobile site. Get quick and easy access to your claim and benefit information anytime, anywhere.

*Start using your benefits today!*



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